



# 12 Principles

To Secure the Future Success  
Of the African American Family



## An Excerpt from Chapter 1

### ESTABLISHING A PERSONAL RELATIONSHIP WITH YOUR CREATOR

“A family that Prays together stays together”

Research by Brigham Young University (BYU) finds that praying together as a family has many positive benefits, including reducing relational tensions and increasing feelings of closeness and unity. Whatever your faith-Muslim, Catholic, Buddhist, Judaism, Protestant, Baptist or whatever faith you practice, in my opinion it is better to have a Faith rather none at all!

Spirituality can be the bond needed to strengthen the African American Family. By practicing our faith Collectively as a Family, we can achieve a much-needed cohesiveness for the Future Success of the African American Family.

Thus, paving the way to start creating Generational Wealth and ultimately building a Strong Positive Family Legacy!

**FAITH CAN FURNISH A BENEFICIAL AND STURDY PATH  
FOR THE AFRICAN AMERICAN FAMILY!**

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