

CHAPTER 5.

[An excerpt from chapter 5.](#)

Every African American Family should have an Emergency Evacuation plan in case of a natural disaster, recession, floods, uprising or a collapse of the economy, etc. Will your family be prepared if any of these scenarios happen? How would your family communicate with one another if the cell towers go down? Your emergency plan should include go-bags containing non-perishable food, toothbrushes, lighters, flashlights, weapons, money for bartering, insurance and personal documents.

<https://www.aarp.org/emergency/go-bag>

At the end of the day:

Deciding to be prepared for a worse-case scenario could mean the difference between life and death. Survival of your African American Family is crucial for the longevity of us as a people. Be it a hurricane, tornado, flood or civil disturbance, at least begin to have conversations concerning what it would take to be PREPARED. Be the change in your family, make it your duty to establish your personalized emergency plan.

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